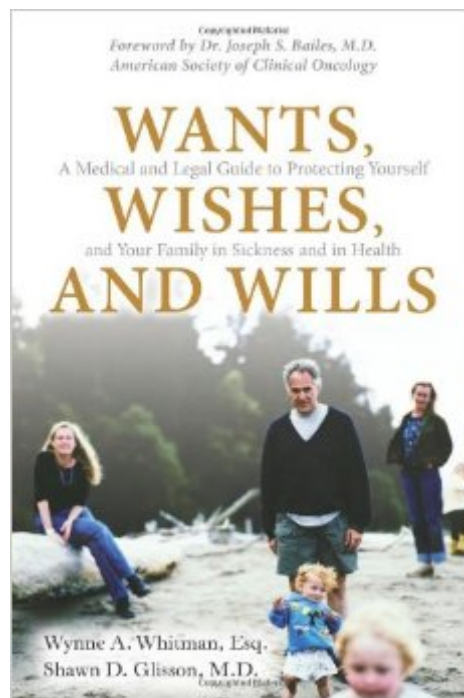


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# Wants, Wishes, And Wills: A Medical And Legal Guide To Protecting Yourself And Your Family In Sickness And In Health



## Synopsis

A terminal diagnosis... a life-threatening disease... recognition of one's own mortality... or simply planning ahead. All of these lead individuals to contemplate difficult end-of-life decisions. But, when they do, they find themselves confused, desperately seeking guidance: about living wills, health care proxies, and their own care, wishes, and affairs. Dr. Shawn D. Glisson and Wynne A. Whitman help people face these issues every day -- Glisson as a respected oncologist, Whitman as an experienced estate lawyer. Now, they've come together to give readers all the tools they need to make the best decisions for themselves and their families. Glisson and Whitman help you answer questions like: How can I make sure I get the best possible care to fight my disease? How do I choose a health care representative to make decisions in light of continuing medical advances? How do I prepare a living will that accurately expresses my views on dying? How do I decide which care regimen is right for me? Will alternative therapies help me? What do I need to know about hospice care? Should I donate my organs, and if so, how? How do I communicate my wishes regarding my possessions? What's the best way to plan my estate and minimize my taxes? Above all, how do I make sure my wishes are followed? This book doesn't offer "one size fits all" answers. It provides the compassionate, up-to-date, plain-English guidance you need to decide for yourself... and stay in control of your life.

## Book Information

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## Customer Reviews

Some interesting info, but a lot of anecdotes to wade thru most of which didn't apply to me. The authors try to be humorous, but fall short, which caused me to skim and skip whole sections. (I've read several books on these topics and found this to be a common problem I think the intent is to lighten otherwise dry material, but we know it's dry, just say what you have to say.)

My mother-in-law lost her battle against ovarian cancer in December. If only my husband and I had this book when she was diagnosed! It contains so much helpful advice that could have made the past two years less of a nightmare. The book has great information on clinical trials and hospice. It also would have helped us make sure all the right legal documents were in place. If we'd had access to this information earlier on, I think we could have saved a lot of money on attorney fees. Since I'm in my late thirties, I've never given much thought to wills, etc. But after reading this book, and watching the whole Anna Nicole saga on TV, I understand how crucial it is to have the proper paperwork, and am in the process of having a will and other documents drawn up myself.

As a woman who graduated with a Psychology degree - and then shifted gears to become an Estates & Trusts lawyer - I find that Ms. Whitman and Dr. Glisson smoothly combine information from often-disparate schools of thought in their book. Planning for the end of your life is not just a medical, business, or legal affair; it is also a matter of the heart. These authors get that. The tone of the book instantly puts the reader at ease, with the use of humor and quotes from everyday people who completed surveys on the topic, and provides critical information no matter in what stage of life you find yourself. Share it with those you love.

Everyone should have this book on their shelf to refer to for thoughtful information as the title suggests "Wants, Wishes, And Wills. It is a great reference book and quite practical. It encourages it's reader to think through important life decisions ahead of time and share their desires with loved ones before it is too late, only complicating a difficult experience for loved ones. I appreciated most that they encouraged readers to write their own story to leave life lessons and personal experiences to loved ones, a wonderful gift my own dear father left in his beautiful journals kept for over 35 years. He speaks to me through those pages as only he could and I hope to do the same with the encouragement through this book. I also bought one for my brother. I am sorry it is out of print. Many people will miss out for lack of having it so available. Thank you.

This book is amazing. The authors have a great way of making light of issues that most don't want

to think about, let alone read about. While it is light-hearted, the book is also quite informative - It is a must read for old and young.

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